

Introduction to Friends Bible Study

Welcome to Friends Bible Study! Jesus quoted a verse from Deuteronomy in Matthew 4:4 when He said, **“Man does not live by bread alone, but by every word that comes from the mouth of God.”** God speaks to us through His Word and gives us life. One primary goal of Friends Bible Study is to receive life from God’s Word.

Another focus of FBS is to help disciples grow in Christ and to equip them to be effective and fruitful in every good work God has called them to as stated in 2 Timothy 3:16-17:

All Scripture is inspired by God and is useful to teach us what is true and to make us realize what is wrong in our lives. It corrects us when we are wrong and teaches us to do what is right. God uses it **to prepare and equip his people to do every good work.**

Friends Bible Study (FBS) follows a simple approach summarized below:

- 1. READ.** Read the chapter you are studying that week every day. For example, when studying John chapter 1, read that chapter every day. Please have a notebook and pen ready. (Of course, using your computer, iPad, or phone is fine.)
- 2. WRITE.** Answer 2-3 of the provided meditation questions each day. As you meditate on each passage, write down your insights, observations, and questions. Also, write your answers to the following questions each day: What is God saying to me through this passage? How will I Trust & Obey Jesus today?
- 3. SHARE.** Share from what you have written with your FBS partner daily (at least 3-5 times a week using LINE, WhatsApp, Messenger, etc. Also, share once a week face-to-face or by video call. **This is one of the most important parts of processing and applying the word of God to our lives.**
- 4. LISTEN.** After you have studied a passage, please listen to the audio commentary for those verses. They are available at: <https://www.sunriseinternational.org/friends-bible-study>

Important

Where to Start? We recommend starting your Friends Bible Study with the Gospel of John chapter 1. However, if your sharing partner or small group has already started (or are studying another book of the Bible) it is fine to join them. **It is vital, however, to do it together!**

I will also list a few thoughts below that speak to people's questions and concerns.

- **SHARING THE WORD DAILY IS AN ESSENTIAL KEY TO Friends Bible Study.** Pray that God will give you just the right person to be your FBS Sharing Partner.
- **ASKING** someone to be your sharing partner will be a huge blessing to them!
- Usually, it is adequate to share 3-4 sentences each day, although longer is fine.
- People just beginning to read the Bible should probably begin with Knowing God Bible Study.
- Participants need to commit at least 15-20 minutes daily to **READ, WRITE, and SHARE.** **LISTENING** to the audio commentary can be done while driving, taking the train, etc.

Please write to us if you have any questions or comments. We appreciate your feedback very much.

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